



Activity plan for ITF Taekwon-Do in Norway autumn 1989
concern instructor Mr. Jan-Erik Lehn

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| 28. August | Meeting for Tromso Taekwon-Do Club and instructor Jan-Erik Lehn Place Tromso |
| 27. August | Meeting for a new Club in the region of Tromso City |
| 2. September | Meeting for Norway Taekwon-Do Federation. Board of Directors. Place: Trondheim |
| 15., 16. and 17. Sept. | Training Seminar for Clubs in Middle-Norway. Place: Trondheim |
| 23. and 24. September | Instructor Course for Assistant Instructors. Place: Trondheim |
| 14. October | Regional Championship in Middle-Norway. Organiser: Vanvikan Taekwon-do Club |
| 21. and 22. October | I.T.F. Norwegian Championship in Tromso |
| 3., 4. and 5. November | Training Seminar for Clubs in South of Norway. Organiser: Holmlia Taekwon-Do Club |
| 10., 11. and 12. Nov. | Training Seminar for Clubs in Middle-Norway Place: Trondheim |

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23. Nov. to 8. December

Exams for all the Clubs with Mr. Jan-Eric Lehn as an instructor